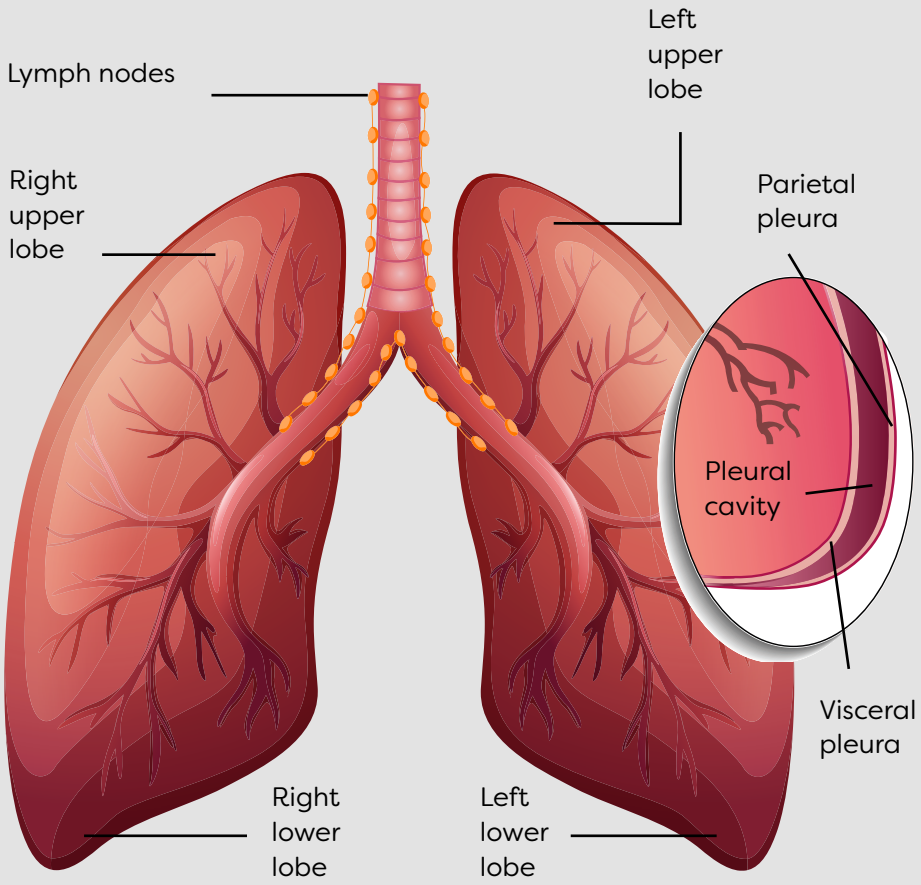
LUNG AND PLEURAL CANCER
UNDERSTANDING MY DIAGNOSIS AND CARE PLAN

Patient: _____

Physician: _____ Date of diagnosis: ___/___/_____

Location

Use this image to mark the location of the tumour(s) and/or mass(es).

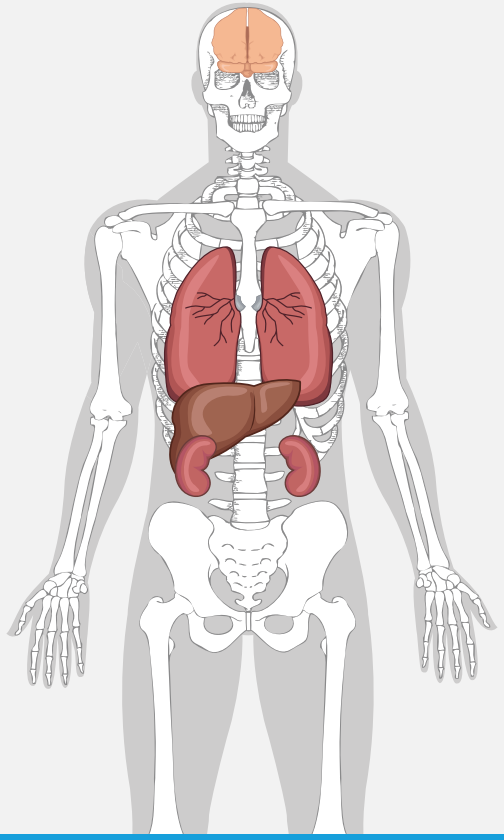


Cancer stage

The stage describes how far the cancer has spread. It is based on the TNM system:
T (tumour size), N (lymph nodes), M (metastases).

- ☐ **Stage I**
  (localized to the lung)
- ☐ **Stage II**
  (nearby lymph nodes)
- ☐ **Stage III**
  regional spread: lymph nodes and/or nearby tissues)
- ☐ **Stage IV**
  (distant metastases)

If metastases are present, mark the affected areas on the body diagram (brain, bones, liver, etc.).



For more information:
poumonquebec.ca/en/maladies/lung-cancer/
1-888-POUMON-9 (1-888-768-6669)

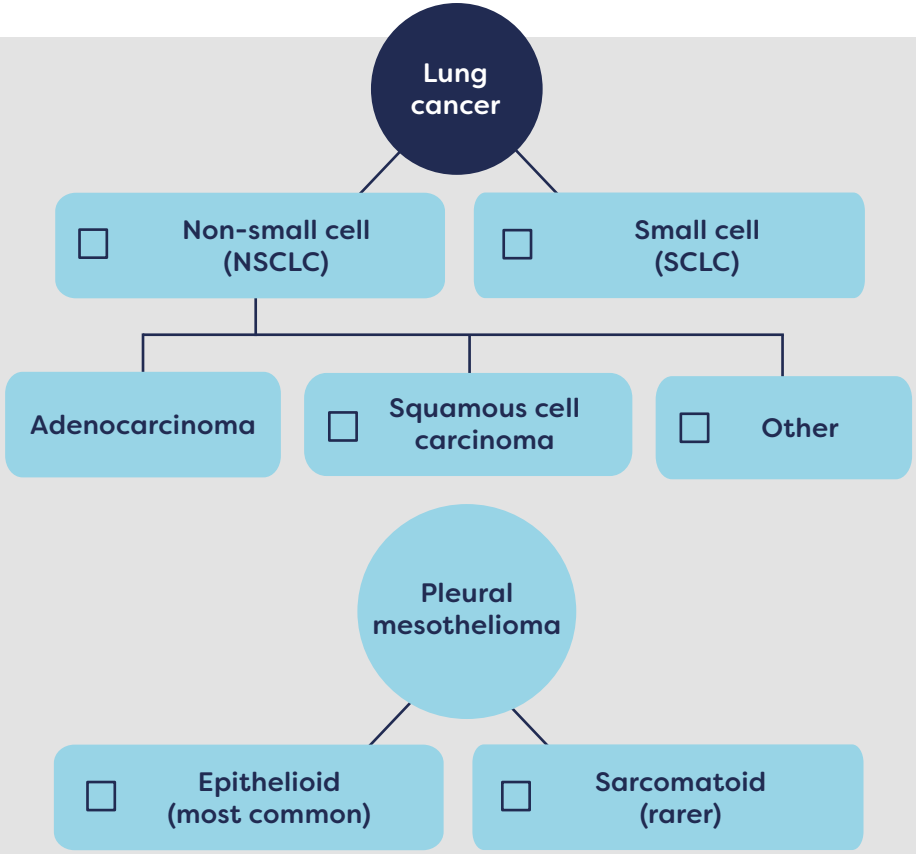
Association pulmonaire du Québec

LUNG AND PLEURAL CANCER: DETAILS OF MY DIAGNOSIS

-MY CARE PLAN-

Everyone diagnosed with lung cancer has a personalized treatment plan developed by their healthcare team.

This care plan may include one or more of the following options: surgery, radiation therapy, chemotherapy, targeted therapy, immunotherapy, supportive care (including palliative care), or others.



Parmi les analyses des biomarqueurs suivants, lesquels ont été effectués:

☐ ALK ☐ EGFR ☐ ROS1 ☐ BRAF ☐ MET exon 14

☐ NTRK ☐ expression at ____% ☐ RET ☐ KRAS ☐ HER2

The list may evolve.

Performance status (functional capacity): _____

0. Fully active; able to do all usual activities.
1. Limited in strenuous activity, but able to walk and do light daily activities (e.g., light housework).
2. Able to walk and care for yourself, but unable to work or do usual activities; up and about more than 50% of waking hours.
3. Very limited ability to care for yourself; in bed or seated more than 50% of waking hours.
4. Completely disabled; unable to care for yourself; confined to bed or chair all the time.

Treatment lines and objectives

Objectives may evolve over the course of the disease and may be combined.

First: _____

☐ Remove the tumor ☐ Reduce the risk of recurrence

☐ Slow disease progression ☐ Manage symptoms ☐ Other

Second: _____

☐ Remove the tumor ☐ Reduce the risk of recurrence

☐ Slow disease progression ☐ Manage symptoms ☐ Other

For more information:
poumonquebec.ca/en/maladies/lung-cancer/
1-888-POUMON-9 (1-888-768-6669)

Association pulmonaire du Québec